

# TWENTY *Twenty-Three*



This image shows a single sheet of white paper with horizontal blue lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

[illegible]



# MY BEST YEAR EVER

January

February

March

April

May

June

July

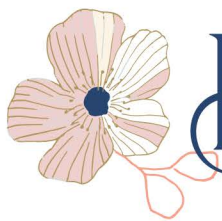
August

September

October

November

December



# BIG DREAM



MY BIG DREAM IS...

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*Long Term Goal*

12 - 24 MONTHS OUT

*Mid Term Goal*

6 - 12 MONTHS OUT

*Short Term Goal*

30 - 90 DAYS OUT

TO DO #1

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TO DO #2

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TO DO #3

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This image shows a blank sheet of white paper with horizontal blue lines, resembling notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.[illegible]

## MY MOTIFS & COLORS

[illegible]



Each of us is made of of many incredible assets, talents, and characteristics that make us AMAZING. What are they?

# I'M AMAZING BECAUSE...

A decorative background featuring a central floral arrangement with pink, blue, and white flowers and green leaves. Scattered around the flowers are small gold dots. Overlaid on this background are five empty shapes for writing: a rectangle in the top left, a circle in the middle left, a large circle in the middle right, a large circle in the bottom left, and a rectangle in the bottom right.



# DAILY AFFIRMATIONS



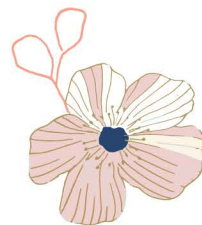
*I am...*

*I will...*

*I am Grateful for...*



# DAILY REFLECTION



WHAT MADE ME SMILE TODAY?

WHAT MADE ME HAPPY TODAY?

ONE THING I DID REALLY WELL.

3 SMALL SUCCESSES I HAD TODAY

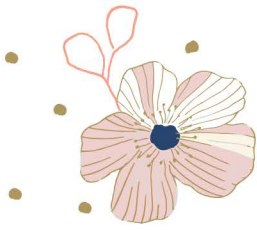
TODAY I HAD FUN WHEN...

HOW DID I MAKE SOMEONE ELSE SMILE?

TOMORROWS HOPE...

FIRST THINGS FIRST FOR TOMORROW





# INSPIRATION - CREATION

GIVE LIFE TO THAT BRILLIANT IDEA...

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## KEY WORDS/ MOTIFS

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## ACTION LIST



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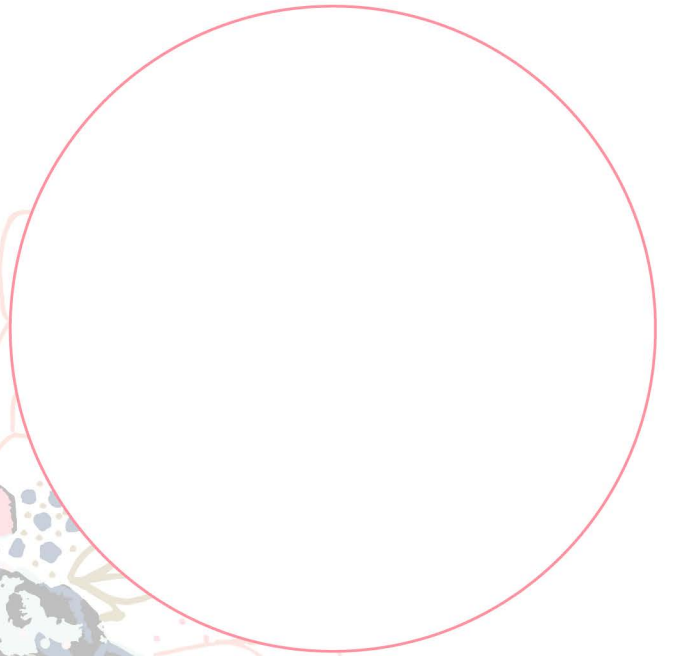
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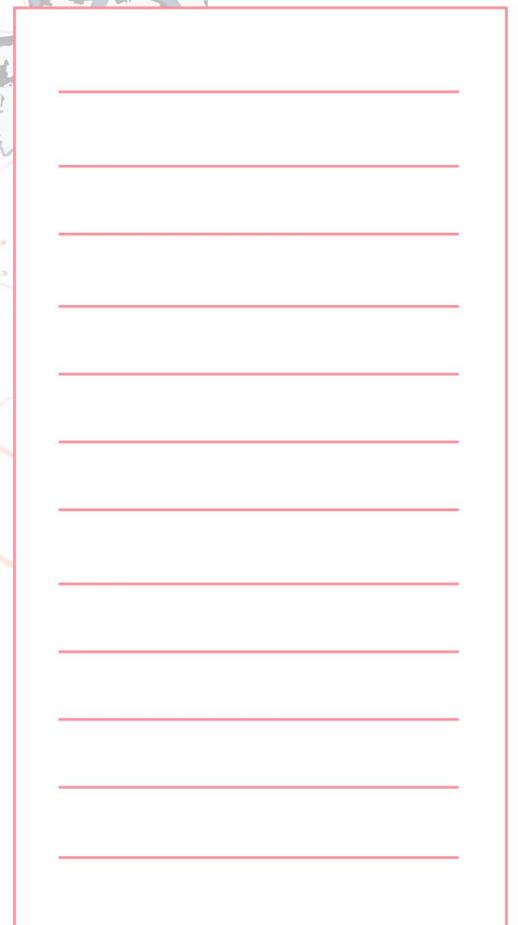
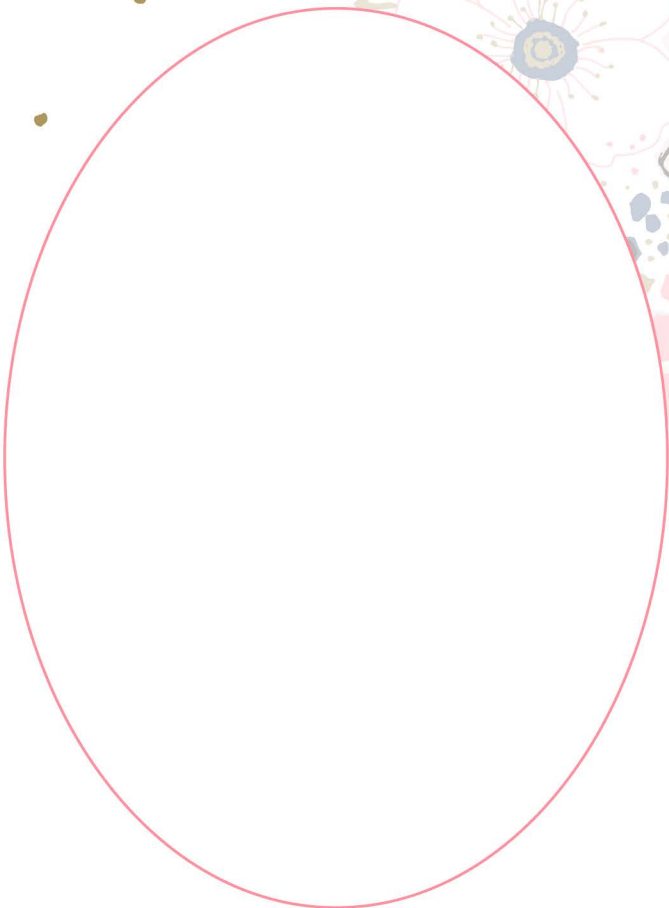
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# INSPIRATION BOARD



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# CREATIVE BUCKET LIST

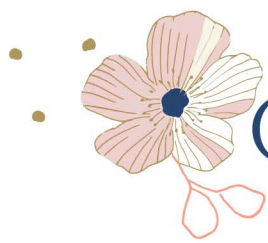
WHAT ARE THOSE CREATIVE THINGS YOU WANT TO DO?

<input type="radio"/>	_____	<input type="radio"/>	_____
<input type="radio"/>	_____	<input type="radio"/>	_____
<input type="radio"/>	_____	<input type="radio"/>	_____
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<input type="radio"/>	_____	<input type="radio"/>	_____
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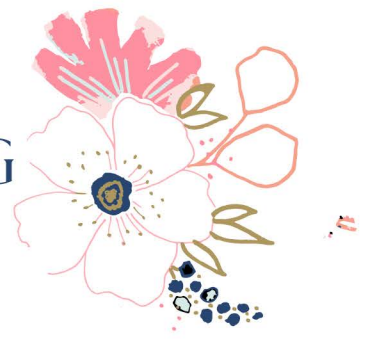
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# ABC PROBLEM SOLVING



A

*Activating Event*

WHAT IS THE ACTIVATING  
EVENT OR TRIGGER?

B

*Brainstorm*

WHAT ARE POSSIBLE WAYS TO  
SOLVE THIS PROBLEM

C

*Choose wisely*

WHAT WAS THE OUTCOME OF  
THIS CHOICE? IS IT A WIN-WIN?

D

*Do*

TRY A NEW SOLUTION

E

*Evaluate*

WHAT WAS THE OUTCOME?  
DID IT WORK OUT?  
HOW CAN YOU USE TO  
YOUR ADVANTAGE NEXT TIME?



*Monday*

*Tuesday*

*Wednesday*

*Thursday*

*Friday*

*Saturday*

*Sunday*

NOTES

Age Group	Percentage
18-29	85
30-49	80
50-69	82
70+	88

## DETAILS

[illegible]

A vibrant, stylized floral illustration featuring large white and pink flowers with blue and gold accents, set against a white background with scattered gold dots. The flowers are rendered in a bold, graphic style with thick outlines and flat colors. The composition is dense and celebratory, with various floral shapes and sizes. The overall aesthetic is modern and artistic, suitable for a wedding or anniversary theme.



# To DO...

## NOT TO DO

WHAT ARE THOSE THINGS YOU SHOULD START SAYING 'NO' TO.

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This image shows a single sheet of white paper with horizontal red ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

No.	Name	Age	Sex	Religion	Marital Status	Education	Occupation	Income	Assets	Liabilities	Net Worth
1	John Doe	35	Male	Christian	Married	High School	Farmer	\$12,000	\$50,000	\$20,000	\$30,000
2	Jane Smith	42	Female	Muslim	Single	College	Teacher	\$18,000	\$75,000	\$15,000	\$60,000
3	Robert Johnson	58	Male	Hindu	Married	University	Engineer	\$25,000	\$100,000	\$30,000	\$70,000
4	Maria Garcia	28	Female	Buddhist	Single	High School	Retail	\$8,000	\$30,000	\$10,000	\$20,000
5	David Lee	65	Male	Jewish	Married	College	Retired	\$15,000	\$60,000	\$25,000	\$35,000
6	Emily White	32	Female	Sikh	Single	University	Software Engineer	\$22,000	\$80,000	\$18,000	\$62,000
7	Michael Brown	48	Male	Christian	Married	High School	Construction	\$10,000	\$40,000	\$12,000	\$28,000
8	Sarah Kim	55	Female	Muslim	Single	College	Manager	\$16,000	\$55,000	\$14,000	\$41,000
9	James Wilson	70	Male	Hindu	Married	University	Professor	\$20,000	\$90,000	\$22,000	\$68,000
10	Alice Taylor	25	Female	Buddhist	Single	High School	Freelance	\$6,000	\$25,000	\$8,000	\$17,000
11	Benjamin Davis	60	Male	Jewish	Married	College	Consultant	\$19,000	\$70,000	\$20,000	\$50,000
12	Olivia Miller	38	Female	Sikh	Single	University	Analyst	\$14,000	\$45,000	\$11,000	\$34,000
13	Christopher Hall	52	Male	Christian	Married	High School	Truck Driver	\$9,000	\$35,000	\$13,000	\$22,000
14	Isabella Clark	45	Female	Muslim	Single	College	Designer	\$17,000	\$65,000	\$16,000	\$49,000
15	William King	68	Male	Hindu	Married	University	Retired	\$13,000	\$50,000	\$19,000	\$31,000
16	Grace Young	30	Female	Buddhist	Single	High School	Barista	\$7,000	\$28,000	\$9,000	\$19,000
17	Henry Adams	50	Male	Jewish	Married	College	Accountant	\$11,000	\$42,000	\$17,000	\$25,000
18	Liam Baker	40	Male	Sikh	Single	University	Developer	\$15,000	\$58,000	\$13,000	\$45,000
19	Mia Green	22	Female	Christian	Single	High School	Student	\$4,000	\$15,000	\$6,000	\$9,000
20	Noah Hill	75	Male	Muslim	Married	University	Retired	\$10,000	\$40,000	\$28,000	\$12,000
21	Oliver Scott	33	Male	Hindu	Single	College	Marketing	\$12,000	\$48,000	\$10,000	\$38,000
22	Priya Patel	47	Female	Buddhist	Married	High School	Homemaker	\$6,000	\$20,000	\$7,000	\$13,000
23	Quinn Roberts	57	Female	Jewish	Single	College	Writer	\$9,000	\$38,000	\$15,000	\$23,000
24	Ravi Singh	63	Male	Sikh	Married	University	Professor	\$18,000	\$72,000	\$21,000	\$51,000
25	Sophia Turner	27	Female	Christian	Single	High School	Retail	\$5,000	\$18,000	\$4,000	\$14,000
26	Theodore Vance	72	Male	Muslim	Married	University	Retired	\$8,000	\$32,000	\$24,000	\$8,000
27	Uma Winters	37	Female	Hindu	Single	College	Designer	\$13,000	\$52,000	\$12,000	\$40,000
28	Victor Wright	43	Male	Buddhist	Married	High School	Truck Driver	\$7,000	\$27,000	\$11,000	\$16,000
29	Wendy Young	53	Female	Jewish	Single	College	Manager	\$11,000	\$43,000	\$14,000	\$29,000
30	Xavier Zane	67	Male	Sikh	Married	University	Retired	\$14,000	\$56,000	\$18,000	\$38,000

[illegible]